



NYS Apples

# June




2025 6-8



# Lunch

## Lake Shore



Monday	Tuesday	Wednesday	Thursday	Friday
2 Steak Hoagie	3 8" Taco w/Meat, Cheese and Salsa	4 Hot Dog On a Bun	5 Goulash	6 Grilled Cheese Sandwich
Carrot Sticks 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Peas 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Potatoes 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
9 Chicken Alfredo	10 8" Taco w/Meat, Cheese and Salsa	11 Meatball Submarine w/Mozzarella Cheese	12 Hot Turkey Sandwich w/Gravy	13 Flag Day!!  Hamburger/Cheeseburger on a Bun
Sweet Potato 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Peas 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Mixed Vegetables 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	1C Romaine Lettuce=1/2c Milk-8oz **Stars & Stripes** Sidekick Frozen Fruit Punch
16 Chef's Choice	17 Chef's Choice	18 Chef's Choice	19 Happy Juneteenth!!	20
Chef's Choice 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Chef's Choice 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Chef's Choice 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz		



**PERSONAL TOUCH WOULD LIKE TO WISH  
EVERYONE A SAFE AND WONDERFUL SUMMER!!!**

### Menu Subject to Change

#### NYS LOCAL FOODS

\*Upstate Farms  
Milk, Yogurt, Sour Cream  
Eden Valley Growers  
Assorted Varieties of Apples  
Eden Valley Growers  
Assorted Fruits & Vegetables  
used in Meal Program  
highlighted in green

**For Information for Summer  
Meals Please Visit  
[www.summermealsny.org](http://www.summermealsny.org) or  
Call 211 or 866-3-HUNGRY.**

### The Following Entrees Served Daily:

Cheese or Cheese and Pepperoni  
Pizza (2M2G)

6" Subs and Wraps (2M2G)

Salads Made to Order  
(Includes Flatbread) 2M2G

Peanut Butter & Jelly  
Sandwich (2M2G)

Fruit & Yogurt Parfait  
w/Flatbread(2M2G)

Offered daily  
with all School Lunches:

**Fresh or Prepared Fruit**  
(Must take ½ cup of Fruit or Vegetable  
– may take up to 1 cup)

**NYS State 8oz 1% or Skim  
White Milk  
Fat Free Chocolate Milk**

**MY SCHOOL BUCKS**  
PAY FOR MEALS ONLINE  
MySchoolBucks.com

If your Son or Daughter has a particular food  
allergy, please contact the school nurse and the  
food service office @ [vera.spurrier@lscsd.org](mailto:vera.spurrier@lscsd.org).  
Additionally, ingredient and nutritional  
information is available upon request

**Students Receive  
Free Lunch**